



**Sept. 12, 2018: “Portraits of Resilience,”
Daniel Jackson, PhD.**

Daniel Jackson is a Professor of Computer Science at MIT, a MacVicar teaching fellow, and an Associate Director of the Computer Science and Artificial Intelligence Laboratory. He is also a landscape and portrait photographer, whose most recent project is Portraits of Resilience, a collection of portraits and stories about members of the MIT community who have experienced depression, anxiety and related challenges.

Daniel Jackson will tell us about the Resilience Project, which engaged members of the MIT community who experienced depression and anxiety and other challenges, to shine a light on the pervasiveness of these conditions, and to bring stories and insights to others suffering in a similar way, in the hope that they would find solace and encouragement in these stories.

He will show us some of the images from the project and share highlights of what he learned from the “portrait people” – his extraordinary project participants.



**Oct 10, 2018, “Surviving Survival: You Are
Still In Control!,” Tonisha M. Pinckney,
PhD, MSCJ, MAFF, CFE aka Dr. Toni.**

Have you ever cringed when someone told you to “get over it?” Has life’s current challenges left you feeling like you cannot survive what you are going through? Dr. Toni presents clear and easy suggestions for dealing with life. Based on her own life experiences and anecdotes from client and mentee exchanges, Dr. Toni reminds attendees that we cannot always control what happens to us, we

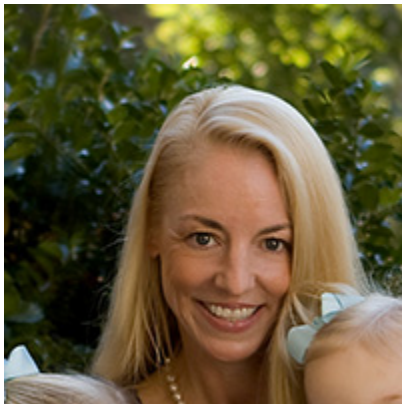
can control how we respond and who we let life challenges impact us.

A survivor of sexual assault, domestic violence, and many other physical and mental health challenges, Dr. Toni gives tools to help you (1) survive survival, (2) allow yourself time to get through it rather than get over it, and (3) gain perspective as to your role in a healthy future. It’s time to declare, “I AM MORE!”

Dr. Tonisha M. “Dr. Toni” Pinckney, Founder of Revelatus Specialized Accounting and Consulting, LLC, and I AM MORE Institute for Excellence and Social Responsibility, Inc., has a wide range of expertise, supported by over 16 years of experience. Dr. Pinckney is a college educator and a practitioner who works with religious institutions and non-profits, small to moderate sized businesses, and attorneys. Including an earned PhD in Criminal Justice and Criminology, Dr. Pinckney has a host of educational and professional development certifications and accomplishments.

A survivor of domestic violence and sexual assault and a person dealing with major depressive disorder and anxiety, Dr. Pinckney is passionate about reducing stigma, bringing awareness to the minority and immigrant communities, and advocating for criminal justice system and policy reform. She serves as corporator, trustee, or board member for many organizations including National Alliance on Mental Illness of Massachusetts and Worcester Recovery and Center and Hospital. Dr. Pinckney loves volunteering as a Court-Appointed Special Advocate (CASA) and as a Special Education Parent Advocate (SEPA).

Fueled by her own experiences, she authored several books including – *I AM MORE – The Journey* (2009,2016), *I AM MORE: Surviving Survival* (2013, 2017), and *Get Over It? I’m Still Going Through it! 15 Tools to Use When Going Through Tough Times* (2017).



Nov 14, 2018: “Imaging in Psychiatric Disorders,” Susan Whitfield-Gabrieli, PhD.

Susan Whitfield-Gabrieli is the Founding Director of the Northeastern University Biomedical Imaging Center, Professor of Psychology at Northeastern University and Principal Research Scientist at MIT. She received her PhD in Neuroscience at the University of California Berkeley.

Her mission is to understand the brain basis of psychiatric disorders and to promote translation of this knowledge into clinical practice. Towards this end, she employs multimodal neuroimaging techniques to investigate the pathophysiology of psychiatric disorders such as schizophrenia, bipolar disorder, anxiety and depression. Her goal is to discover biomarkers for improved diagnosis, early detection and prediction of therapeutic response.

The future quality of health care in psychiatry will benefit from a timely translation of basic research findings into more effective patient care. Dr. Gabrieli will discuss ways in which human brain imaging may have translational potential in terms of offering 1) early identification of individuals at risk for mental health difficulties, so that preventive treatment can reduce or even avert future difficulties, 2) neuroprediction, aimed at precision medicine targeted for selection of optimal treatment programs, and 3) cutting-edge, behavioral interventions such as mindfulness based real-time fMRI neurofeedback, used to augment current available treatments and limit the progression of psychiatric disorders.