

# DBSA-Boston Membership Agreement

DBSA Boston policies have been established for the protection and well-being of all who participate in our peer support groups and activities, whether in person or online.

The following are not permitted by any member:

- Discrimination against any individual or group based on age, gender, race, creed, nation of origin, ethnicity, sexual orientation, disability, religion, or any other characteristic protected by the laws of the United States
- Acts of physical, verbal, and/or written aggression towards DBSA Boston or any member or guest in the DBSA Boston Community
- Harassment of any kind: (physical, sexual, or emotional), whether verbal or written form
- Confidential information learned through a DBSA meeting, cannot be shared, in or outside of DBSA Boston. This applies to all support groups, leadership meetings, and committee meetings.
- Refusal to cooperate with members of leadership and group facilitator(s) in following DBSA policies and guidelines
- Use of telephone numbers, home addresses, or email addresses, by making calls at inappropriate times or by contacting anyone who has asked not to be contacted. This includes inappropriate emails, voice mails, and texts
- The use of cell phones or other technology in groups for the purposes of taking notes, texting, accessing the Internet, or taking photos. The exception is the use of technology for the purposes of accessing online support groups.
- Not sharing your video upon entry to Zoom meetings.
- Attendance at DBSA meetings or events while under the influence of alcohol, marijuana, or any illegal substances
- Smoking of cigarettes and cigars on video during Zoom meetings.

I hereby acknowledge that I have read the DBSA Boston membership agreement, and that violations of any of the above may result in actions taken by the Board of Directors, up to and including temporary or permanent suspension from participation in DBSA Boston groups and activities, and revocation of my membership.

Please print clearly:

## DBSA-Boston Membership Agreement

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Telephone: \_\_\_\_\_

**SIGNATURE REQUIRED: I understand and will abide by DBSA-Boston's Membership Agreement (see above)**

X \_\_\_\_\_

How did you find out about DBSA? \_\_\_\_\_

Comments or suggestions: \_\_\_\_\_

**Please note: If your check to DBSA has insufficient funds, you will be charged the amount of the bank fee.**

**Thanks very much! The Membership Committee**

All support groups are held online using Zoom (schedule below)

<b>Groups</b> (meeting and activities marked with an *)	<b>Date and time (Eastern)</b>
<b>*Meditation Circle</b>	<b>Monday-Friday 8:20-9 AM</b>
<b>Monday Drop-in</b>	<b>Monday 1:30-3:30 PM</b>
<b>Women's Group Drop-in</b>	<b>Tuesday 1:30-3:30 PM</b>
<b>*Song Circle</b>	<b>2nd &amp; 4th Tuesdays 7-8 PM</b>
<b>*Facilitators Meeting</b>	<b>1st and 3rd Wednesdays 5-6 PM</b>
<b>*Tech Buddies Meeting</b>	<b>2nd Wednesday 5-6 PM</b>
<b>Newcomers</b>	<b>Wednesday 7-9 PM</b>
<b>Depression – Big group</b>	<b>Wednesday 7-9 PM</b>
<b>Depression – Small group (12 members max)</b>	<b>Wednesday 7-9 PM</b>
<b>Family and Friends</b>	<b>Wednesday 7-9 PM</b>
<b>Mania and Bipolar</b>	<b>Wednesday 7-9 PM</b>
<b>Young Adults</b>	<b>Wednesday 7-9 PM</b>
<b>Maintaining Stability</b>	<b>Wednesday 7-9 PM</b>
<b>Thursday Drop-in</b>	<b>Thursday 1:30-3:30 PM</b>
<b>Friday Drop-in</b>	<b>Friday 1:30-3:30 PM</b>
<b>*Club Home Open Mic</b>	<b>3rd Friday 7-8:30 PM</b>
<b>Saturday – Big group Drop-in</b>	<b>Saturday 1:30-3:30 PM</b>
<b>Saturday – Small group (12 members max)</b>	<b>Saturday 1:30-3:30 PM</b>
<b>Sunday Drop-in</b>	<b>Sunday 1:30-3:30 PM</b>

## DBSA-Boston Membership Agreement (continued)

Make checks payable to: DBSA-Boston and mail them to: DBSA-Boston, P.O. Box 102, Belmont, MA 02478  
(You must be 18 years or older to become a member)

Check all ☐ New Member ☐ Renewing Member ☐ Donation  
that apply ☐ Change of address/phone/email ☐ Change membership terms

If paying full dues causes you financial hardship, please contact the Share Care Committee [share-care@dbsaboston.org](mailto:share-care@dbsaboston.org)

Categories ☐ Individual: \$25/year ☐ Student \$5/Year (With ID) ☐ Family: \$40/Year ☐ Rates are in effect from  
and Dues ☐ Lifetime Individual: \$200 ☐ Lifetime Family: \$300 May 3, 2021 to June 20, 2021

Help us to help others by giving an additional donation. Donations are tax deductible to the extent provided by law.  
DBSA-Boston is a non-profit corporation in accordance with I.R.S. Code, section 501C(3)

Donations ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$150 ☐ \$\_\_\_\_\_ ☐ In honor/memory of \_\_\_\_\_

Total amount enclosed (dues and or donations) \$\_\_\_\_\_ Checks payable to DBSA-Boston